

Measures That Matter Nursing Home Program: CLTCC Methodology Notes

Evaluation and Construction of Composite Measures of Nursing Home Mobility and Function Quality Measures in the Short-Stay and Long-Stay Settings

Aim of Reporting Mobility and Function Composites: To encourage quality improvement in resident mobility and function throughout the California skilled nursing facility (SNF) industry and improve consumer decision making.

Summary: Improvement or at least maintaining the resident's mobility and function are important to residents and families. The ability to walk and care for oneself has significant impact on quality of life, independence, cognition, and community participation, which is why these capabilities are required to be reported. The measures about mobility and function also are considered indicators of care quality and useful for SNFs to monitor for quality improvement purposes.^{1,2,3,4} Based on these considerations, CLTCC created the Measures That Matter program to identify bright spots of care among SNFs' performance in resident mobility and function care. The composites differentiate between:

- a. **short stay residents**, who generally stay an average of two weeks (but less than 100 days) to recover from an injury or illness that required hospitalization, and
- b. **long stay residents**, who reside permanently or more than 100 days in a SNF.

This document describes the methods used to create the Long-stay (LS) and the Short-stay (SS) Mobility and Function composite measures.

Overview of Method to Identify and Select SNFs for the Resident Mobility and Function Composite Measures

Our investigation began with testing the validity of using a single composite measure that combined long-stay and short stay outcome measures reported on the CMS Care Compare website. The CMS measures are validated and used for national reporting; therefore, robust data are available to compare salient processes of care and care outcomes among most California SNFs. In addition, most of these measures have been in public reporting programs for several years. As a result, nursing homes have long experience with these measures, which have also been supported by various stakeholder groups interested in improving long term care outcomes.

¹ Billot, M., Calvani, R., Urtamo, A., Sánchez-Sánchez, J. L., Ciccolari-Micaldi, C., Chang, M., ... & Freiburger, E. (2020). Preserving mobility in older adults with physical frailty and sarcopenia: opportunities, challenges, and recommendations for physical activity interventions. *Clinical interventions in aging*, 1675-1690.

² Bischoff, L. L., Cordes, T., Meixner, C., Schoene, D., Voelcker-Rehage, C., & Wollesen, B. (2021). Can cognitive-motor training improve physical functioning and psychosocial wellbeing in nursing home residents? A randomized controlled feasibility study as part of the PROCARE project. *Aging Clinical and Experimental Research*, 33, 943-956.

³ Aubertin-Leheudre, M., & Rolland, Y. (2020). The importance of physical activity to care for frail older adults during the COVID-19 pandemic. *Journal of the American Medical Directors Association*, 21(7), 973.

⁴ Edemekong, P.F., Bomgaars, D., Sukumaran, S., & Levy, S.B. (2019). Activities of Daily Living (ADLs).

Step 1: Review of Publicly Available SNF Quality Measures

Initial investigation of possible measure candidates included an evaluation of the distributions and correlational matrices of all the publicly available outcome and process measures for both SS and LS SNF residents. This step included input from our expert panel. Based on the evaluation results, we set aside measures with strong ceiling or floor effects (examples of check-box process measures where everyone is close to 100%), which indicates insufficient variation across facilities. We also set aside brand-new measures and measures for which the correlation with other measures was in the incorrect direction.

Step 2: Exploring Measure Relationships: Pearson Correlational Coefficient and Exploratory Factor Analyses

We used two methods to analyze the relationships among the selected CMS measures to determine those that should be included in the composite measure: A) *Pearson Correlation Coefficient* and B) *Exploratory Factor Analysis*. Table 1 presents the eight mobility and function measures we selected to investigate a combined LS-SS composite (two LS measures and six SS measures) and an additional 19 measures (nine LS measures and ten SS measures) to investigate individual LS and SS composites.

Table 1. Descriptions of all CMS mobility and functions measures

| | Measures | Data Source | Data Duration | Optimal Direction of Score |
|---|---|--|--------------------------|----------------------------|
| Combined LS-SS Composite Investigation | | | | |
| Long-Stay (LS) Measures | LS401: Percentage of long-stay residents whose need for help with activities of daily living increased | CMS MDS Quality Measures | 07/01/2021 to 06/30/2022 | Lower is better |
| | LS451: Percentage of long-stay residents whose ability to move independently worsened | CMS MDS Quality Measures | 07/01/2021 to 06/30/2022 | Lower is better |
| Short-Stay (SS) Measures | SS001: Percentage of SNF residents whose functional abilities were assessed, and functional goals were included in their treatment plan | CMS SNF Quality Reporting Program- Provider Data | 01/01/2021 to 12/31/2021 | Higher is better |
| | SS022: Change in residents' ability to care for themselves at discharge | CMS SNF Quality Reporting Program- Provider Data | 01/01/2021 to 12/31/2021 | Higher is better |
| | SS023: Change in residents' ability to move around at discharge | CMS SNF Quality Reporting Program- Provider Data | 01/01/2021 to 12/31/2021 | Higher is better |
| | SS024: Percentage of residents who are at or above an expected ability to care for themselves at discharge | CMS SNF Quality Reporting Program- Provider Data | 01/01/2021 to 12/31/2021 | Higher is better |
| | SS025: Percentage of residents who are at or above an expected ability to move around at discharge | CMS SNF Quality Reporting Program- Provider Data | 01/01/2021 to 12/31/2021 | Higher is better |

| | Measures | Data Source | Data Duration | Optimal Direction of Score |
|--|---|--|--------------------------|----------------------------|
| | SS471: Percentage of short-stay residents who improved in their ability to move around on their own at discharge | CMS MDS Quality Measures | 07/01/2021 to 06/30/2022 | Higher is better |
| Long Stay Composite Investigation | | | | |
| Long-Stay (LS) Measures | LS404: Percentage of long-stay residents who lose too much weight | CMS MDS Quality Measures | 07/01/2021 to 06/30/2022 | Lower is better |
| | LS405: Percentage of low-risk long-stay residents who lose control of their bowels or bladder | CMS MDS Quality Measures | 07/01/2021 to 06/30/2022 | Lower is better |
| | LS406: Percentage of long-stay residents who have or had a catheter inserted and left in their bladder | CMS MDS Quality Measures | 07/01/2021 to 06/30/2022 | Lower is better |
| | LS407: Percentage of long-stay residents with a urinary tract infection | CMS MDS Quality Measures | 07/01/2021 to 06/30/2022 | Lower is better |
| | LS408: Percentage of long-stay residents who have symptoms of depression | CMS MDS Quality Measures | 07/01/2021 to 06/30/2022 | Lower is better |
| | LS410: Percentage of long-stay residents experiencing one or more falls with major injury | CMS MDS Quality Measures | 07/01/2021 to 06/30/2022 | Lower is better |
| | LS453: Percentage of long-stay, high risk residents with pressure ulcers | CMS MDS Quality Measures | 07/01/2021 to 06/30/2022 | Lower is better |
| | LS551: Number of hospitalizations per 1,000 long-stay resident days | CMS Medicare Claims Quality Measures | 04/01/2021 to 03/31/2022 | Lower is better |
| | LS552: Number of outpatient emergency department visits per 1,000 long-stay resident days | CMS Medicare Claims Quality Measures | 04/01/2021 to 03/31/2022 | Lower is better |
| Short Stay Measure Composite | | | | |
| Short Stay Measures | SS005: Percentage of SNF residents whose functional abilities were assessed, and functional goals were included in their treatment plan | CMS SNF Quality Reporting Program- Provider Data | 01/01/2021 to 12/31/2021 | Higher is better |
| | SS013: Percentage of SNF residents who experience one or more falls with major injury during their SNF stay | CMS SNF Quality Reporting Program- Provider Data | 01/01/2021 to 12/31/2021 | Higher is better |
| | SS038: Percentage of residents with pressure ulcers/pressure injuries that are new or worsened | CMS SNF Quality Reporting Program- Provider Data | 01/01/2021 to 12/31/2021 | Higher is better |
| | Nursing Retention: Nursing staff retention rate | LTC Facility Integrated Disclosure and Medi-Cal Cost Report Data | 01/01/2021 to 12/31/2021 | Higher is better |

| | Measures | Data Source | Data Duration | Optimal Direction of Score |
|--|---|--|--------------------------|----------------------------|
| | Nursing turnover: Nursing staff turnover rate | LTC Facility Integrated Disclosure and Medi-Cal Cost Report Data | 01/01/2021 to 12/31/2021 | Higher is better |
| | PT_minutes: Physical therapist staff minutes per resident per day | CMS Provider Dara | 04/01/2021 to 06/30/2022 | Higher is better |
| | Std_hrd_aid: Nursing assistant (NA) hours per resident per day | CMS Provider Dara | 04/01/2021 to 06/30/2022 | Higher is better |
| | Std_hrd_voc: Licensed vocational/practical nurse (LVN/LPN) hours per resident per day | CMS Provider Dara | 04/01/2021 to 06/30/2022 | Higher is better |
| | Std_hrd_rn: Registered nurse (RN) hours per resident per day | CMS Provider Dara | 04/01/2021 to 06/30/2022 | Higher is better |
| | Std_hrd_tot_wknd: Total number of nurse staff hours per resident per weekend day | CMS Provider Dara | 04/01/2021 to 06/30/2022 | Higher is better |

Pearson correlation coefficient analysis: This analysis explores the strength and directional relationships among eight LS and SS CMS mobility and function measures we used to explore a combined LS-SS mobility and function composite measure (Table 1). Table 2 shows the results of the Pearson correlation coefficient analysis: two LS measures (LS401 and LS451) were strongly, positively correlated with each other (correlation coefficient: 0.62213, p -value: <0.001) and four SS measures (SS022, SS023, SS024, and SS025) showed significantly strong to very strong positive correlations with each other. SS001 did not correlate with any other SS measures (SS022, SS023, SS024, SS025, and SS471), but it had a very weak, statistically significant negative correlation with the two LS measures. SS471 had weak to very weak negative correlation with two LS measures, respectively, and it also had very weak, statistically significant positive correlations with four SS measures (SS022, SS023, SS024, and SS025).

Table 2. Pearson correlation coefficient between eight CMS mobility-related measures

| Correlational Coefficient | LS401 | LS451 | SS001 | SS022 | SS023 | SS024 | SS025 | SS471 |
|---------------------------|-------|-------------------|--------------------|----------|-------------------|-------------------|-------------------|--------------------|
| LS401 | 1 | 0.62213*** | -0.12341*** | 0.03349 | 0.06446* | 0.08201* | 0.06758* | -0.24875*** |
| LS451 | | 1 | -0.17564*** | 0.05282 | -0.00784 | -0.00367 | -0.00356 | -0.18910*** |
| SS001 | | | 1 | -0.03803 | 0.04187 | -0.02706 | 0.00601 | 0.05153 |
| SS022 | | | | 1 | 0.65135*** | 0.81443*** | 0.63455*** | 0.08576** |
| SS023 | | | | | 1 | 0.69231*** | 0.93950*** | 0.15559*** |
| SS024 | | | | | | 1 | 0.69943*** | 0.06522* |
| SS025 | | | | | | | 1 | 0.14434*** |
| SS471 | | | | | | | | 1 |

Notes: **Bold** text shows statistically significant results. p -value: <0.001***; <0.01**; <0.05*

Very Strong Correlation: >0.8 (positive) or <-0.8 (negative); Strong Correlation: 0.6-0.8 (positive) or -0.6 to -0.8 (negative); Moderate Correlation: 0.4-0.6 (positive) or -0.4 to -0.6 (negative); Weak Correlation: 0.2-0.4 (positive) or -0.2 to -0.4 (negative); Very Weak Correlation: <0.2 (positive) or >-0.2 (negative).

Exploratory factor analysis Next, we developed four models using the exploratory factor analysis to learn about the measures' internal reliability and the underlying structure between the eight mobility measures. Model 1 and Model 2 included LS and SS measures (Model 2 omitted SS001). Both models revealed similar results: almost all SS measures have a high factor loading (factor loading: 0.86 to 0.92) in Factor 1 and the two LS measures have a high factor loading (factor loading: 0.83 to 0.86) in Factor 2.

Model 3 and Model 4 included only SS measures (Model 4 omitted SS001); four SS measures have a high factor loading (factor loading: 0.86 to 0.92) in Factor 1. Since SS001 showed small or negative factor loading in Model 1 and Model 3, we excluded it in the subsequent models that explored individual composites for LS and SS (Table 4).

Table 3. Exploratory factor analyses for eight CMS mobility-related measures

| | Model 1 | | | Model 2 | | | Model 3 | | Model 4 | |
|-------|---------|----------------|----------------|---------|----------------|----------------|---------|----------------|---------|----------------|
| | Check | Factor 1 | Factor 2 | Check | Factor 1 | Factor 2 | Check | Factor 1 | Check | Factor 1 |
| LS401 | √ | 0.13197 | 0.83367 | √ | 0.11728 | 0.86109 | | | | |
| LS451 | √ | 0.07505 | 0.83098 | √ | 0.06016 | 0.84232 | | | | |
| SS001 | √ | -0.03081 | -0.40961 | | | | √ | -0.06244 | | |
| SS022 | √ | 0.86075 | 0.00042 | √ | 0.86049 | 0.00904 | √ | 0.86337 | √ | 0.85599 |
| SS023 | √ | 0.91702 | -0.07736 | √ | 0.91850 | -0.04847 | √ | 0.90994 | √ | 0.91986 |
| SS024 | √ | 0.88761 | 0.0061 | √ | 0.88726 | 0.01761 | √ | 0.89563 | √ | 0.88789 |
| SS025 | √ | 0.91325 | -0.05436 | √ | 0.91411 | -0.03451 | √ | 0.90910 | √ | 0.91587 |
| SS471 | √ | 0.14856 | -0.47257 | √ | 0.15670 | -0.49987 | √ | 0.12059 | √ | 0.18161 |

Note: **Bold** text shows measures with high factor loading that are used in subsequent models to explore separate LS and SS composites using additional SS and LS quality measures

Based on the results of the Pearson correlation coefficient and exploratory factor analyses, we concluded that a combined LS-SS mobility and function composite measure is invalid.

We repeated these steps to explore the mobility measures' internal reliability for separate LS and SS composites by adding additional SS and LS CMS quality measures to the factor analyses.

In Table 4, Model 1 includes LS measures only. Two LS mobility measures and additional LS measures show high factor loading in Factor 1 (LS401, LS451, LS404, LS405, LS406, LS407, LS410, LS552). These 8 measures, highlighted in bold, were moved forward to the confirmatory factor analysis (see next section). The measures that did not load on Factor 1 addressed concepts such as symptoms of depression, pressure ulcers, and hospitalizations, which do not directly address the concept of mobility and function. These 3 measures were not retained for confirmatory factor analysis (LS408, LS453, LS551).

Models 2 through 6 focus on SS mobility measures only. We tested whether process measures (e.g., percentage of SNF residents whose functional abilities were assessed, and functional goals were included in their treatment plan), measures of nursing retention and turnover, and measures of staff hours per resident per day, could be included in the same SS composite. Through several iterations and modeling approaches, it became clear that these latter sets of measures did not load on the same factor, making a single-factor solution impossible.

Table 4. Exploratory factor analyses for the 11 LS and 16 SS mobility-related measures

| Mobility measures (original 8) | Model 1 (LS only) | | Model 2 (SS only) | | Model 3 (SS only) | | Model 4 (SS only) | | Model 5 (SS only) | | Model 6 (SS only) | |
|--|-------------------|----------------|-------------------|----------------|-------------------|----------------|-------------------|----------------|-------------------|----------------|-------------------|----------------|
| | Check | Factor 1 | Check | Factor 1 | Check | Factor 1 | Check | Factor 1 | Check | Factor 1 | Check | Factor 1 |
| LS401 | √ | 0.77279 | | | | | | | | | | |
| LS451 | √ | 0.78709 | | | | | | | | | | |
| SS001 | | | | | | | | | | | | |
| SS022 | | | √ | 0.84138 | √ | 0.83061 | √ | 0.85966 | √ | 0.84746 | √ | 0.83923 |
| SS023 | | | √ | 0.92634 | √ | 0.92231 | √ | 0.90911 | √ | 0.91797 | √ | 0.91972 |
| SS024 | | | √ | 0.88529 | √ | 0.88819 | √ | 0.88374 | √ | 0.88771 | √ | 0.88885 |
| SS025 | | | √ | 0.92120 | √ | 0.91667 | √ | 0.90801 | √ | 0.91355 | √ | 0.91343 |
| SS471 | | | √ | 0.22027 | √ | 0.09892 | √ | 0.11079 | √ | 0.10345 | √ | 0.06714 |
| Additional 19 LS and SS mobility-related measures | | | | | | | | | | | | |
| LS404 | √ | 0.35097 | | | | | | | | | | |
| LS405 | √ | 0.62908 | | | | | | | | | | |
| LS406 | √ | 0.26986 | | | | | | | | | | |
| LS407 | √ | 0.49783 | | | | | | | | | | |
| LS408 | √ | -0.12566 | | | | | | | | | | |
| LS410 | √ | 0.54305 | | | | | | | | | | |
| LS453 | √ | -0.05606 | | | | | | | | | | |
| LS551 | √ | -0.18176 | | | | | | | | | | |
| LS552 | √ | 0.34949 | | | | | | | | | | |
| SS005 | | | √ | 0.09349 | √ | 0.04071 | | | √ | 0.05841 | √ | 0.04962 |
| SS013 | | | √ | 0.07122 | √ | 0.06550 | | | √ | 0.04381 | √ | 0.03158 |
| SS038 | | | √ | -0.09123 | √ | -0.04615 | | | √ | -0.03264 | √ | -0.00271 |
| Nursing Retention | | | | | √ | 0.00593 | | | | | √ | 0.00032 |
| Nursing Turnover | | | | | √ | 0.04134 | | | | | √ | 0.02672 |
| PT_Minutes | | | | | √ | 0.05811 | | | | | √ | 0.09955 |
| Std_Hrd_Aid | | | | | | | √ | -0.01050 | √ | -0.00193 | √ | -0.02654 |
| Std_Hrd_Voc | | | | | | | √ | -0.03401 | √ | -0.02120 | √ | -0.01771 |
| Std_Hrd_RN | | | | | | | √ | -0.00965 | √ | -0.06563 | √ | 0.06576 |
| Std_Hrd_Tot_Wknd | | | | | | | √ | -0.02668 | √ | -0.05584 | √ | -0.00957 |

Note: **Bold** text shows measures with at least 0.1 factor loading.

Step 3: Confirmatory Factor Analysis: Models and Score Calculations

Step 3 focuses on performing a confirmatory factor analysis to calculate the factor score for each SNF. Based on the Model 1 results in Table 4, which includes all 11 LS measures in the exploratory factor analysis, we chose for the confirmatory factor analysis the eight LS measures (LS401, LS451, LS404, LS405, LS406, LS407, LS410, LS552) from Factor 1 (the largest eigenvalue) that had a factor loading of ≥ 0.25 . Similarly, for the SS confirmatory analysis, we chose the five SS measures (i.e., SS022, SS023, SS024, SS025, SS471) with the highest factor loading in Factor 1 (i.e., largest eigenvalue) across most of the models (Table 5). All these LS and SS measures reflect various aspects of resident function, mobility, self-care, or quality of life.

The confirmatory factor analysis used the most updated recent data (i.e., CMS MDS Quality Measures from 1/1/2022 to 12/31/2022, CMS Medicare Claims Quality Measures from 10/1/2021 to 9/30/2022, CMS SNF Quality Reporting Program- Provider Data from 7/1/2021 to 6/30/2022) to produce the factor score. In the confirmatory factor analysis for the LS mobility composite measure (Table 5), five of eight LS measures showed high-to-moderate correlation (i.e., factor loading >0.3), and all of them achieved statistical significance. For the SS composite measure, four of five SS measures showed high correlation and all achieved statistical significance.

Table 5. Confirmatory factor analysis for 8 LS measures and 5 SS measures

| | LS Composite measure | | SS Composite measure | |
|---|-----------------------------|---------|-----------------------------|---------|
| | Standardized Factor Loading | P-Value | Standardized Factor Loading | P-Value |
| LS401: Percentage of long-stay residents whose need for help with activities of daily living increased | 0.7862 | <.0001 | | |
| LS404: Percentage of long-stay residents who lose too much weight | 0.2256 | <.0001 | | |
| LS405: Percentage of low-risk long-stay residents who lose control of their bowels or bladder | 0.5019 | <.0001 | | |
| LS406: Percentage of long-stay residents who have or had a catheter inserted and left in their bladder | 0.1998 | <.0001 | | |
| LS407: Percentage of long-stay residents with a urinary tract infection | 0.3473 | <.0001 | | |
| LS410: Percentage of long-stay residents experiencing one or more falls with major injury | 0.3043 | <.0001 | | |
| LS451: Percentage of long-stay residents whose ability to move independently worsened | 0.8167 | <.0001 | | |
| LS552: Number of outpatient emergency department visits per 1,000 long-stay resident days | 0.2416 | <.0001 | | |
| SS022: Change in residents' ability to care for themselves at discharge | | | 0.7697 | <.0001 |
| SS023: Change in residents' ability to move around at discharge | | | 0.9834 | <.0001 |
| SS024: Percentage of residents who are at or above an expected ability to care for themselves at discharge | | | 0.7383 | <.0001 |
| SS025: Percentage of residents who are at or above an expected ability to move around at discharge | | | 0.9543 | <.0001 |
| SS471: Percentage of short-stay residents who improved in their ability to move around on their own at discharge | | | 0.1884 | <.0001 |

Note: The confirmatory factor analysis and the calculation of factor score for each facility were executed via “PROC CALIS” and “PROC SCORE” in the SAS Enterprise Guide version 7.15.

The original value for each measure and the output statistics (i.e., mean, standard deviation, and standardized scoring coefficients) from the confirmatory factor analysis were used to produce the LS and SS factor scores for each nursing home facility. The formula of the production is the original value minus the mean and divided by the standard deviation which was then multiplied by the standardized scoring coefficients for each measure. The products of all measures are summed to form the LS (i.e., LS401+LS451+LS404+LS405+LS406+LS407+LS410+LS552) and SS (i.e., SS022+SS023+SS024+SS025+SS471) composite factor scores for each facility. For example, a facility with original value, mean, standard deviation, and standardized scoring coefficients for measure SS022 (change in residents' ability to move around at discharge) are 8.8, 7.51, 2.39, and 0.032, respectively. The product of SS022 is 0.017 ($[8.8-7.51]/2.39*0.032$), and products for SS023, SS024, SS025, and SS471 of this facility are 0.314, 0.003, 0.295, and 0.001, respectively. Therefore, the SS factor score for this facility is 0.63 (i.e., $0.017+0.314+0.003+0.295+0.001$).

We were unable to score the LS composite for 247 SNFs and the SS composite for 249 SNFs due to missing data for one or more measures in the respective LS and SS composite measures. Thus, we were able to report LS scores for 925 SNFs and SS scores for 923 SNFs. The factor score for the LS composite measure ranged between -1.460991 to 3.317127 and the factor score ranged between -4.998486 to 3.566859 for the SS composite measure. Table 6 shows the factor score distribution by percentiles for LS and SS composite measures.

Table 6. Factor scores for SS and LS composite measures by percentiles

| Percentiles | LS composite measure | SS composite measure |
|-------------------|----------------------|----------------------|
| | LS Factor Score | SS Factor Score |
| 100 th | 3.317127 | 3.566859 |
| 99 th | 2.276057 | 2.439467 |
| 95 th | 1.466652 | 1.532987 |
| 90 th | 1.119073 | 1.179117 |
| 75 th | 0.475477 | 0.596419 |
| 50 th | -0.104813 | -0.037232 |
| 25 th | -0.597055 | -0.610557 |
| 10 th | -0.913980 | -1.180196 |
| 5 th | -1.071378 | -1.485671 |
| 1 th | -1.265571 | -2.172717 |
| 0 th | -1.460991 | -4.998486 |

Note: The LS composite measure includes eight LS mobility and function quality measures and the SS composite measure includes five SS quality measures.

Step 4: Classifying SNF Factor Scores into the Top 10% and Next 15% Performance Group Categories

To identify the top 10% of performers, we first acknowledge the difference between the LS and SS measure polarity. In this case, lower scores indicate better outcomes for the selected measures in the LS composite and higher scores indicate better outcomes for selected measures in the SS composite. Therefore, in the LS composite measure, the SNFs with factor scores in the lowest 10% (i.e., 0th – 10th percentiles) are placed into the top 10% performance group; in the SS composite measure, the SNFs with factor scores in the highest 10% (i.e., 91st – 100th percentiles) are placed into the top 10% performance group (Table 7). Similarly, SNFs with LS composite factor scores falling within the 11th – 25th percentile are classified in the next 15% performance group and the SNFs with SS composite factor scores falling within the 76th – 90th percentile of scores are placed in the next 15% performance group.

Table 7. Measure polarity: Defining the top 10% and next 15% requisite factor scores for the LS and the SS mobility and function composite measures

| Performance Groups | Factor Score: LS composite measure | Factor Score: SS composite measure |
|--------------------|--|--|
| Top 10% | 0 th – 10 th percentiles ^a | 91 st -100 th percentiles ^a |
| 11%-25% | 11 th – 25 th percentiles ^b | 76 th -90 th percentiles ^b |
| 26%-75% | 26 th – 75 th percentiles | 26 th -75 th percentiles |
| 76%-90% | 76 th – 90 th percentiles | 11 th -25 th percentiles |
| Bottom 10% | 91 st – 100 th percentiles | 0 th -10 th percentiles |

^a Factor score range required to qualify for the Top 10% for LS and SS composite measures for the CLTCC MTM Program.

^b Factor score range required to qualify for the Next 15% for LS and SS composite measures for the CLTCC MTM Program.

The CLTCC MTM program ultimately groups SNF performance scores into three categories for both the LS and SS resident mobility and function composite: the top 10% (Top Tier) of all California SNFs, the next 15% (Second Tier), and all others (Bottom Tier). However, we share the quintile distribution here of the 1,172 SNF performance scores for the LS (Table 8) and SS (Table 9) mobility and function composite measures.

Table 8. LS mobility and function composite measure: frequency of California SNF factor scores by percentile (n=1,172)

| Performance Group | Factor Score Percentile | Number of Facilities | Percentage |
|-------------------|--|----------------------|------------|
| Top 10% | 0 th – 10 th percentiles | 93 | 7.94 |
| 11%-25% | 11 th – 25 th percentiles | 138 | 11.77 |
| 26%-75% | 26 th – 75 th percentiles | 462 | 39.42 |
| 76%-90% | 76 th – 90 th percentiles | 139 | 11.86 |
| Bottom 10% | 91 st – 100 th percentiles | 93 | 7.94 |
| Missing | | 247 | 21.08 |

Table 9. SS mobility and function composite measure: frequency of California SNF factor scores by percentile (n=1,172)

| Performance Group | Factor Score Percentile | Number of Facilities | Percentage |
|-------------------|--|----------------------|------------|
| Top 10% | 91 st – 100 th percentiles | 93 | 7.94 |
| 11%-25% | 76 th – 90 th percentiles | 138 | 11.77 |
| 26%-75% | 26 th – 75 th percentiles | 461 | 39.33 |
| 76%-90% | 11 th – 25 th percentiles | 138 | 11.77 |
| Bottom 10% | 0 th – 10 th percentiles | 93 | 7.94 |
| Missing | | 249 | 21.25 |

Step 5: Applying Guardrail Exclusion Criteria to SNFs in the Initial Top Tier Performance Groups

The mobility and function composite measures are one of many quality measures used to assess the quality of care delivered by SNFs. Some SNFs may have significant deficits in other areas of care that warrant exclusion from this MTM program. As such, we identified six guardrail criteria for each composite measure to ensure SNFs in the initial top tiers of performers are not unduly recognized for better care.

Guardrails A-C are applied first for both composite categories. Next a manual review of state AA, A, or abuse icons are performed by the research team for the remaining SNFs. We review citations from the three most recent years based on the date of the incident. A citation may be waived due if the written report is unclear how the facility was responsible, or if citation was issued outside of the 3 most recent years.

| <u>Guardrail Exclusion Criteria for Long Stay Composite</u> | <u>Guardrail Exclusion Criteria for Short Stay Composite</u> |
|--|--|
| <p>A. Special focus facility (SFF) or SFF candidate on the CMS watch list</p> <p>B. Any CMS performance rating of 1 or 2 stars (i.e., star ratings = overall, staffing, health inspection, long term care, short term care)</p> <p>C. Bottom 10% group score of the SS composite measure.</p> | <p>A. Special focus facility (SFF) or SFF candidate on the CMS watch list</p> <p>B. Any CMS performance rating of 1 or 2 stars (i.e., star ratings = overall, staffing, health inspection, long term care, short term care)</p> <p>C. Bottom 10% group score of the LS composite measure.</p> |

Manual review of 3 additional guardrails

Research team subject matter experts reviewed case-by-case for exclusion, SNFs with **any**:

- Abuse icon,
- State AA citations, or
- State A citations

Long Stay Composite Results (2024)

SNFs that initially scored in the top 25% of the LS composite measure were reassigned to the “Bottom” tier (i.e., 26th – 75th percentile) if they met **any** of the guardrail exclusion criteria.

This section demonstrates the application of guardrail exclusions to the data in the 2024 update. Table 10 shows that, among the initial 93 SNFs scoring in the top 10% of the LS composite group, 66 SNFs were omitted leaving 27 SNFs in the top 10% of performers for LS resident mobility and function care composite measure. Among the initial 139 SNFs that scored in the 11th – 25th percentile in the LS composite group, 96 SNFs were omitted leaving 43 SNFs in the next 15% of top performers in the LS resident mobility and function care composite measure.

Having any CMS rating of 1 or 2 stars was the most common reason for exclusion among the top 25% of LS composite performers. No facilities required a manual review of reasons for abuse icons because they were already excluded for having 1 or 2 stars. Five SNFs had one State A Citation each for review; all five were excluded. (One facility was in the original top tier-long stay and second tier-short stay.)

Table 10. LS composite measure: distribution of guardrail exclusion reasons among the top 25% of SNFs

| Guardrail Reasons | | Top 10% LS composite group score | | Next 15% LS composite group score | |
|-------------------|---------------------------|------------------------------------|----|------------------------------------|--|
| | | N=93 | | N=139 | |
| | | Number of SNFs omitted by category | | Number of SNFs omitted by category | |
| Only | SFF/SFF-C | 1 | 0 | | |
| | Any CMS 1 or 2 star | 54 | 79 | | |
| | SS Bottom 10% | 1 | 1 | | |
| | SFF + any CMS 1 or 2 star | 2 | 5 | | |
| | SFF + SS Bottom 10% | 0 | 0 | | |

| | | | |
|-----------------------------|--|-----------|-----------|
| More than 1 reason | Any 1 or 2 star+ SS Bottom 10% | 4 | 6 |
| | All 3 guardrails | 1 | 3 |
| Expert manual review | CMS Abuse icon | 0 | 0 |
| | State AA citation | 0 | 0 |
| | State A citation | 3 | 2 |
| | Total SNFs Excluded based on data and expert review | 66 | 96 |
| | Final # of SNFs Included | 27 | 43 |

Note: SFF/SSF-C: Special focus facility or SFF candidate on the CMS watch list; any CMS performance rating is 1 or 2 star; bottom 10% group score of the SS composite measure; manual review of CMS assigned abuse icon, state AA or A state citations issued as between 4/2/2023 and 4/1/2024.

Short Stay Composite Results (2024)

Table 11 shows that, among the initial 93 SNFs scoring in the top 10% of the LS composite group, 46 SNFs were omitted leaving 47 SNFs in the top 10% of performers for SS resident mobility and function care composite measure. Among initial 140 SNFs that scored in the 11th – 25th percentile in the SS composite, 84 were omitted leaving 56 SNFs in the next 15% of top performers in the SS resident mobility and function care composite measure.

Similar to the LS composite, the most common reason for omitting SS composite performers was having a CMS rating of 1 or 2 stars. No facilities required a manual review of reasons for abuse icons because they were already omitted for having 1 or 2 stars. Four facilities had one State A Citation each; two had one State AA Citation each; and, one had three State A citations. All six facilities were omitted. (One facility was in the original top 10% long stay and 11th – 25th percentile short stay.)

Table 11. SS composite measure: distribution of guardrail exclusion reasons among the top 25% of SNFs

| Guardrail Reasons | | Top 10% SS composite group score | | Next 15% SS composite group score | |
|-----------------------------|--|------------------------------------|-----------|------------------------------------|--|
| | | N=93 | | N=140 | |
| | | Number of SNFs omitted by category | | Number of SNFs omitted by category | |
| Only | SFF/SSF-C | 0 | 0 | | |
| | Any CMS 1 or 2 star | 37 | 68 | | |
| | LS Bottom 10% | 3 | 2 | | |
| More than 1 reason | SFF + any CMS 1 or 2 star | 1 | 3 | | |
| | SFF + LS Bottom 10% | 0 | 0 | | |
| | Any 1 or 2 star+ LS Bottom 10% | 3 | 7 | | |
| | All 3 guardrails | 0 | 0 | | |
| Expert manual review | CMS Abuse icon | 0 | 0 | | |
| | State AA citation | 2 | 0 | | |
| | State A citation | 0 | 4 | | |
| | Total SNFs Excluded based on data and expert review | 46 | 84 | | |
| | Final # of SNFs Included | 47 | 56 | | |

Note: SFF/SSF-C: Special focus facility or SFF candidate on the CMS watch list; any CMS performance rating is 1 or 2 star; bottom 10% group score of the LS composite measure; manual review of CMS assigned abuse icon, state AA or A state citations issued between 4/2/2023 and 4/1/2024.

Step 6: Finalists for the MTM Nursing Home Care LS and SS Mobility and Function Composites

Tables 12 and 13 show the distribution of SNF finalists among the LS and SS performance categories after accounting for the guardrail criteria for the 2024 data. As mentioned earlier, the SNFs that were in the original top 25% performance group, but met one or more guardrail criteria were moved to the “Bottom” Tier (i.e., 26th – 75th percentile). Ultimately, 162 SNFs moved from the LS composite measure’s top 25th percentile to the “Bottom” Tier (Table 12). 130 SNFs moved from the SS composite measure’s top 25th percentile to the “Bottom” Tier (Table 13).

Table 12. Distribution of final performance scores for the LS composite measure among 1,168 SNFs

| LS Factor Score Percentile Range | Number of SNFs | Percentage of SNFs |
|--|----------------|--------------------|
| Top Tier (0 th – 10 th percentile) | 27 | 2.31 |
| Second Tier (11 th – 25 th percentile) | 43 | 3.68 |
| Bottom Tier (76 th percentile and below) | 858 | 73.46 |
| Missing | 240 | 20.55 |

Table 13. Frequency of final group score for SS composite measure among 1,168 SNFs

| SS Factor Score Percentile Range | Number of SNFs | Percentage of SNFs |
|---|----------------|--------------------|
| Top Tier (91 st – 100 th percentiles) | 47 | 4.02 |
| Second Tier (76 th – 90 th percentiles) | 56 | 4.79 |
| Bottom Tier (76 th percentile and below) | 830 | 71.06 |
| Missing | 235 | 20.12 |

Conclusion

The 2024 Measures that Matter program ultimately identified 27 SNFs that scored in the Top Tier of the long stay setting Mobility and Function composite measure and 47 SNFs that scored in the Top Tier of the short stay setting Mobility and Function composite measure. One SNF scored in the Top Tier of both composite measures.